**Project description**

Actions for inclusion is a voluntary service project for the mobility of 7 youth from 18 to 30 years old coming from Germany, France, Portugal, Greece and Italy. The project is divided in 5 actions, involving 4 Italian hosting organization and 6 sending. All the actions are EVS long term mobility between 6 or 8 months depending from the specific activities. The 5 actions have the common goal to give value to different strategy to promote and act inclusion, and they take place in different place around the Region Lazio (Anzio, Nettuno, Roccantica and Anticoli Corrado). All of them are at different level in rural area or suburbs take place A1 and A2 in between Anzio and Nettuno, small cities nearby, located in the south of Rome, A3 in Roccantica, small mountain village, and A4 and 5 in Anticoli Corrado small mountain village both characteristics for natural and Historical heritage. The 5 actions all make volunteers interact with different targets considered a different level with fewer opportunities for disability, social and economic reasons or geographic position. This project idea offers the opportunity to reflect and to face up the concept of fewer opportunity and starting for the awareness of those how we can build inclusion and empowerment. All these projects are based on the construction of integrated paths that from the knowledge of the territory try to create new paths.
and resources that are process facilitators. Volunteers in the contexts involved represent an intercultural revolution, a form of innovation and are the instrument of dialogue and openness to concepts such as Europe. The expected results are linked to the quality of the volunteer experiences provided, to the new synergies between local, regional, national and international actors. Facilitate and exchange good practices that these actions can activate. The long-term benefits are related to the launch of a slow cultural change that involves all the direct and indirect beneficiaries involved from below.

HOSTING ORGANIZATION BACKGROUND

**ALA Associazione Liberi Artigiani** – organization active since 2009, work to develop educational framework and workshop for adults, youths, children’s. The methodology use, and the educational approach mix non formal methods, art, creativity, and outdoor practices. The aim of the organization is to promote social inclusion, active citizenship, respect and protect environment. The mission is to support the creation of future citizen aware and critics, able to express their will and thinking, to exchange opinions, and chose a life style respectful of environment and resources. The organization work at national and international level and cooperate with public bodies, schools and NGOs.

Teenagers’ workcamp - August 2015

ALA – Associazione Liberi Artigiani
Associazione di promozione sociale
Via ternana 35/L, 02040, Poggio Catino
CF: 90056900575
The hosting places

Cognolo Refuge is a mountain hosting place, informal and welcoming, for nature’s lovers. Managed by ALA association through a re qualification project, using appropriate low impact technologies and eco-friendly systems. It is an active lab for environmental education, the share of knowledge and good practices. The restoring of the place use and experiment practical solutions realized with natural materials.

Project venue

ALA association work in Rieti’s area. It is a rural zone where are prevalent agriculture and farming, small villages situated on hills reach in history and heritage. In this content Ala work in large with the different municipality of Casperia, Poggio Mirteto, Poggio Catino and Roccaantica, all small village close one to another, on the direct are between the Tevere Valley and Sabina mountains. Since 2014, with the support of Casperia Municipality, the organization start the project Cognolo Refuge, a restoring of abandoned mountain refuge, to make it began a hosting place an educational outdoor and non-formal centre. Casperia municipality area is divided in two: in one side are hills, and to the other mountains part of prepennino laziale. This is a territory that has been abandoned for long time and is living a rebirth thanks to the environmental and sustainable tourism

Mission

Learning agreement: The volunteers will be actively involved in the development of Cognolo Refuge Project and at the service of the local community of Roccaantica and they will have the opportunity to improve their skills. This is project is organized to support the volunteer to gain self-confidence, autonomy and by the time shape the mission on his/her personal goals. Starting from the characteristic of the place, small village in the mountain, this represent an intense experience.

group work and group management:
- learn to work in an international team
- work in group and cooperate
- guide groups in an educational activity
- guide groups in trekking
- co-coordinate groups of teenager in workcamps experience (group dynamics, games, methods, activity flow, etc)
Outdoor activities:
from February to June the activity focus is on event planned to get closer people to mountain and nature. Offer different point of view to those who chose to explore with new eyes.
The volunteer will be involved to:
- Decide the topic of the event;
- Plan them;
- Organize and made preliminary visit;
- Get in contact with local organization to involve youth communities, locals etc...
- Plan, prepare and realize educational activities

Recover tradition and support handmade productions:
Small village suffer the effect of globalization in two ways, one part most people decided to move in big cities, so the villages are getting empty, second people refuse their traditional mountain and agricultural knowledge considered not anymore, a patrimony to be transmitted.
For this reason, we are working to create links with local farmers and restore local traditions to safeguarded them.

Volunteer will be actively involved in:
- build positive relation with local,
- share time with people
- be open minded and creative

He/she will learn to:
- Make bread, cheese, different conserve

He/She wil be involved in the management of organic garden:
- Plan the seeding and planting
- Daily care and entertainment

Manual works:
- Walking path tracking and maintenance
- Restoring work
- Traditional work

Local community dynamics: get involve and participate to the realization of local happening and traditional parties, entertain hystorical monument, be involve in the promotion of the territory and the local community
Learn to cook for big groups – EVS MANON with 2 volunteers on July workcamps 2017

Main topics: environment protection, environmental education, health and care, local tradition and heritage, outdoor activities, inclusion, raise awareness of youth from small communities

Number of volunteers required: 2

Project duration: 6 months

Activity place: Cognolo Refuge / Rocantica

Activity schedule:
The project is composed of 34 hours week activities, 5 days of work 2 day of free time per week from Monday to Friday.
The volunteer collects to 2 days of holiday each month.
This mission included working in week end or for two weeks hosting.
In this case the volunteer will get some free day extra.

Language course and OLS (Online Linguistic Support):
Before the mobility the participant will be registered to the online platform to assess his/her Italian language level, after this he/she will have the access to the online language course.
The volunteer will be asked to follow the Online course at list 1hourse for week during all the project length, to that pass the final test – to get the language certificate.
Moreover, depending on the Italian level, the volunteer will take part to a Italian lessons organized for the volunteer with the support of a language teacher.
Insurance:
The sending organization will be responsible to enrol the volunteer in the CIGNA insurance and give to the volunteer all the information about the use of it long the EVS. The enrolment should be done before departure.

TRAVEL COST:
Max cost refunded for arrival and departure journey is 275€
The travel ticket will be booked from the volunteer and refunded by the coordinating organization. All tickets, invoice, boarding must be save and present to be refunded.

Traval days:
Arrival is the 06th of April 2018
Departure is the 9th of October 2019

Mobility period: from the 07th of April to the 8th of October 2018

If you are interested in this project position send CV and Motivation Letter to:

mobilita.aruotaliberaonlus@gmail.com

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